

GET READY: Print the page. Plan the treat. Grab a pen. Gather round.

Treat ideas: Milkshake, hot chocolate, light a candle, chocolate fondue, build a blanket fort

LOOK BACK: Reflect on your year's adventures

LOOK UP: Lift your eyes and thank God together

LOOK ON: Picture what trusting him next year will look like

LOOK BACK: What we did last year

This year I have....

How many can you tick off the list?

- Swum in cold water
- Hugged someone
- Tried something new
- Done something brave
- Eaten something delicious
- Laughed out loud
- Said Thank You

Tell everyone about that memory!

Top 5 best moments last year

Everyone gets to say their own - write down the 5 most popular.



THANK THE LORD

because he is good. His love continues forever.

Psalm 107:1

LOOK UP

Read the verse in the middle together.

- ▶ Who do we thank?
- ▶ Why is that a good idea?

Pray short 'thank you' prayers together, "Thank you God for... Amen"

We thanked God for...

LOOK ON

Thinking about next year, I feel...



God understands how we feel, even if sometimes we don't!

What challenges are you facing in the next year?

- ▶ Big changes?
- ▶ Saying sorry?
- ▶ Not giving up?
- ▶ Something else?

Have you faced challenges a bit like this before? What did you do or learn then that could help with the challenges ahead?

Looking forward to the year ahead, as a family, make the following commitment:

This year, the family will trust the Lord, because we know that he is good to us and loves us forever.

We will trust God with *(something you aren't looking forward to)*

We will ask God to help us when *(something you find hard)*

We will remember God loves us when *(what you all enjoy)*

Pray together, asking God to help you to remember him and trust him in the year ahead.